# Here are some resources for long-term care benefits for VA patients

## VA Medical Benefits Package

This package includes services at home and in the community, such as geriatric evaluation, adult day health care, homemaker and home health aide care, respite care, and skilled home health care. All enrolled veterans are eligible for these services, but there must be a clinical need and the service must be available in the patient's location.

[https://www.va.gov/geriatrics/pages/VA Long Term Care Services.asp]

#### VA social worker

Patients can contact their VA social worker to learn how to access long-term care services. [https://www.va.gov/health-care/about-va-health-benefits/long-term-care/]

#### VA toll-free hotline

Patients can call the VA's toll-free hotline at (877) 222-8387, Monday through Friday, 8 AM–8 PM ET. [https://www.va.gov/health-care/about-va-health-benefits/long-term-care/]

#### **Medicare Part D**

This voluntary program helps Medicare beneficiaries pay for prescription drugs at retail, mail order, home infusion, and long-term care pharmacies.

[https://medicareadvocacy.org/medicare-info/medicare-part-d/#:~:text=The%20Part%20D%20drug%20benefit%20(also%20known,by%20Medicare%20itself%2C%20Part%20D%20is%20pro]

### **Medicare Part D Extra Help**

Patients can call (800) 772-1213 to set up an appointment to apply for Part D Extra Help. [https://www.ssa.gov/medicare/part-d-extra-help]

## Medigap

This plan covers copays, coinsurance, and most deductibles for services covered by Original Medicare. Patients must be enrolled in Medicare Part A and Medicare Part B to purchase a Medigap plan. [https://www.medicareplans.com/va-military-and-medicare-benefits-resource/]

## A Shopper's Guide to Long-Term Care Insurance

Patients can get a copy of this guide from their State Insurance Department or the National Association of Insurance Commissioners.

[https://www.va.gov/COMMUNITYCARE/docs/pubfiles/programguides/CHAMPVA-Guide.pdf]